

|                             | Wood               | Fire            | Earth          | Metal              | Water      |
|-----------------------------|--------------------|-----------------|----------------|--------------------|------------|
| <b>Seasons</b>              | Spring             | Summer          | Late Summer    | Autumn             | Winter     |
| <b>Climate</b>              | Wind               | Heat            | Damp           | Dry                | Cold       |
| <b>Directions</b>           | East               | South           | Middle         | West               | North      |
| <b>Growth</b>               | Birth              | Growth          | Transformation | Reap / Harvest     | Storing    |
| <b>Color</b>                | Green / Blue       | Red             | Yellow         | White              | Black      |
| <b>Zang (Yin)</b>           | Liver              | Heart           | Spleen         | Lung               | Kidney     |
| <b>Fu (Yang)</b>            | Gallbladder        | Small Intestine | Stomach        | Large Intestine    | Bladder    |
| <b>Sense Organs</b>         | Eye                | Tongue          | Mouth          | Nose               | Ear        |
| <b>Tissues</b>              | Tendons/ Sinews    | Vessel          | Muscle         | Skin and Body Hair | Bone       |
| <b>Hua, Manifest on</b>     | Nails              | Face            | Lips           | Skin and Body Hair | Head Hair  |
| <b>Tastes</b>               | Sour               | Bitter          | Sweet          | Pungent            | Salty      |
| <b>Emotions</b>             | Anger              | Joy             | Worry *        | Grief              | Fear       |
| <b>Sounds</b>               | Shouting           | Laughing        | Singing        | Crying             | Groaning   |
| <b>Smell</b>                | Rancid             | Burned          | Sweetish       | Rank               | Putrid     |
| <b>Spirit Mental Aspect</b> | Hun - Etheral Soul | Shen - Mind     | Yi - Thought   | Po- Corporeal Soul | Zhi - Will |
| <b>Labor</b>                | Walking            | Watching        | Sitting        | Lying Down         | Standing   |
| <b>Number</b>               | 8                  | 7               | 5              | 9                  | 6          |
| <b>Animal</b>               | Fish               | Bird            | Human          | Mammal             | Shellfish  |
| <b>Domestic Animal</b>      | Sheep              | Fowl            | Ox             | Dog                | Pig        |
| <b>Grain</b>                | Wheat              | Bean            | Rice           | Hemp               | Millet     |
| <b>Body Fluid</b>           | Tears              | Sweat           | Saliva         | Nasal Discharge    | Urine      |